



# **SIMPLY SOCIAL KIDS 2025 SUMMER PROGRAM PLAN**

The Simply Social Kids Summer program focuses on social skill-building through interactive activities and small-group experiences that engage kids and teens with a mix of in-the-moment coaching and short structured lessons with an emphasis on fun.



**SimplySocialKids®**  
[www.simplysocialkids.com](http://www.simplysocialkids.com)



# SUMMER PROGRAM STRUCTURE

Start Date: Week of June 30, 2025  
End Date: Week of August 18, 2025

8 weeks - Times are EST:

Monday:

8-11 years 4:15 – 5:15 in person  
Teens 5:30 – 6:30 in person  
18+ 6:45 – 7:45 in person

Tuesday:

8-11 years 4:15 – 5:15 in person  
8-11 years 5:30 – 6:30 in person  
Teens 6:45 – 7:45 in person  
Teens 6:45 – 7:45 Online

Pricing:

\$310 per 4 week session or \$550 for 8 weeks if enrolled for both months by May 15th.

Early Bird Bonus! Enroll in the Summer Program by May 15, 2025, and receive the Friendship Game Pack as a FREE digital download (\$35 value).

# SIMPLY SOCIAL KIDS 2025

## SUMMER THEMES

The Simply Social Summer program includes themes in addition to our continuous in-the-moment coaching.

Lessons will be delivered as needed throughout the summer. Lesson topics are subject to change based on group needs.

### **Social Confidence & Making a Great First Impression**

- Building self-confidence in social situations
- Understanding how others perceive you and how to present yourself positively
- Practicing greetings, introductions, and first impressions

### **Conversation Bootcamp - Talking to Anyone with Confidence**

- Starting, maintaining, and exiting conversations smoothly
  - Handling awkward pauses and silences
- How to ask good questions and show you're engaged

### **Handling Big Feelings & Social Anxiety**

- Managing social anxiety, frustration, and disappointment
  - Recognizing when emotions impact interactions
  - How to calm yourself in social situations

### **Perspective-Taking & Reading Social Situations**

- Understanding what others might be thinking and feeling
- Picking up on social cues (tone of voice, facial expressions, and gestures)
- Learning when and how to adjust behavior based on the situation

# SUMMER THEMES

## **Navigating Conflict & Standing Up for Yourself**

- Handling disagreements without hurting friendships
- Knowing when to walk away from drama vs. speak up for yourself
- Practicing assertiveness without being aggressive

## **The Art of Friendships – Making & Keeping Them**

- How to turn acquaintances into real friends
- Recognizing which friendships are healthy vs. one-sided
- Balancing time between friends and personal space

## **Social Cues & Body Language in Everyday Life**

- How to show you're open to friendship
- Learning to interpret nonverbal signals
- Respecting personal space and social norms in different environments

## **Impulse Control & Conversation Flow**

- How to join conversations without interrupting
  - Waiting your turn to speak in groups
- Managing impulse control in high-energy settings

**Contact us for an intake to see if our program is right for your family Call/Text 978-764-2758 or**

**[info@simplysocialkids.com](mailto:info@simplysocialkids.com) or**

**<https://calendly.com/simplysocialkids/let-s-connect>.**

**We're looking forward to a Simply Social Summer!**